



## THE IMPORTANCE OF THE SPIRITUAL DIMENSION IN THE EXPERIENCE OF ILLNESS

*Church of St. Joseph of the Naked –  
Via S. Giuseppe dei Nudi, 72- Naples*

The Tao and Charisma Scripture, 42, says:

*What men most disdain,  
Is to feel 'Orphaned,' 'Miserable,' and 'Wretched,'*

### SUFFERING

There are dark days and others full of sunshine. In our lives we go through moments of happiness but also moments of suffering and abandonment in which, if we have no support, feeling alone, tormented by suffering, can lead us to despair. A suffering in the body can be cured or alleviated. An inner suffering has no external remedies. And less than ever is it useful to look for a rational reason to suffering, because there is none. We can only accept it if it is our own or share it if it is someone else's.

### Spiritual dimension in suffering

But we should not despair because there is a way out. We have a space where no disease, no suffering, can reach. In this space there is the SACRED that gives relief and hope because it projects us into a time and space that has no limits or limitations. In this inner space we can rely on divinity and find comfort and support in it.

### Relying on its compassion is the ultimate medicine.

If the spiritual dimension were only an idea, then there is no point in praying. If, on the other hand, you believe it is a reality, then it can be a way out of suffering. Ours and those we love. But we have to start with ourselves. Accepting our finiteness, allows us to look beyond ourselves. To heaven and to divinity. With the certainty that divine love abandons no one.

The Tao and Charisma Scripture, 34, states:

*The Great Dao flows into every thing and living being.  
All creation depends on it to live  
And it abandons no one.*

So we Taoists think it should be done for us and for others.  
How to do it-we decide together.

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